

The Holocaust was a genocide from approximately 1939 to 1945, during World War Two. 11 million people were murdered by Nazis during this time, and six million of them were Jewish people. Other groups include disabled people, Romani people, LGBTQIA+ people, and more. However today I'm going to tell you a little about how you can be a better ally to Jews, and the history of the Jewish people.

If you do not know about the Holocaust itself, please visit [ushmm.org](http://ushmm.org). It is the official website of the US Holocaust museum and contains a lot of information. It is so important to remember that the Holocaust was not the start or end of antisemitism.

Antisemitism means discrimination and hate against Jewish people, and sadly is still very prevalent in today's society worldwide. In fact, Jewish hate crimes have gone up over 400% this year. So how can you be a better ally to Jewish people?

Firstly, do not assume things about someone's religion. If you have met one Jewish person, you haven't met all Jewish people. Judaism is a very diverse religion, which is an amazing thing, but by making assumptions on people's religion, or ethnicity (more on that shortly) you are silencing voices.

Judaism is an ethnoreligion. This means that it is in the DNA of a person. So if a Jewish person took a DNA test, it may come back a certain percent Jewish, which is so cool!

Do your own research! While it is nice to be interested in somebody's culture and some people may be happy to answer questions, Jewish people are not dictionaries to answer all the questions of people who may not know as much about Judaism. It is important to note that school curriculums may not cover Judaism as equally as they do other religions, which is awful and must be addressed.

Don't assume everyone is a certain religion straight away! (or is religious in any form!)

When Jewish people raise awareness about antisemitism, or call it out, don't tell them they're wrong. If a Jewish person says something is antisemitic, listen to them. Uplift the voices of Jewish people, because today, in 2021, Jewish voices are still continuing to be silenced.

If you don't know much about Judaism, there are plenty of pages to visit on social media. You can also give this article a read and research yourself. <https://www.bustle.com/life/resources-to-help-you-understand-antisemitism>