

skincare!

It's super important to take care of your skin- I actually enjoy it, not going to lie! But you have to make sure you're doing it right. This link will take you to a quiz to help you find out your skin type if you don't know it already. When I was doing research for this I took loads of these and this one is my favourite, it's quick and easy to understand <https://www.stylist.co.uk/beauty/quiz-what-skincare-is-right-for-your-skin-type/220398>

skincare routine

Once you know your skin, it's important to establish a good routine. The basics are typically a cleanser, followed by a toner, and then a moisturiser. There are lots of different types depending on age, and skin type. I have eczema, and I learnt that using unfragranced products is actually better for my skin! I recommend CeraVe moisturiser to everyone I know— it's literally magical and I love it.



makeup removal

I don't know about you, but I loveee wearing makeup. Statement eye liner, red lip, whatever it may be, makeup removal is another step in your skincare musts. I really recommend using a micellar water and reusable makeup wipes. It can be a lot better for your skin, plus it helps you to do your bit for the environment. I use Garnier Cleansing Water, and I adore the reusable makeup wipes from Botanics (plus I love their toner too!)

<https://www.botanics.co.uk/reusable-cleansing-pads>